

# Program of the 9<sup>th</sup> ICSCS

The Ninth Israeli Conference for the Study of Contemporary Spiritualities

## Schedule Overview

Tuesday | 29/5/18 | University of Haifa, Israel

<b>Registration and light refreshments</b> (Hecht Auditorium atrium)						<b>8:00</b>
<b>Morning Plenary Session</b> ( <i>Hecht Auditorium</i> )						<b>9:00</b>
Chair: <b>Prof. Ofra Mayseless</b> (University of Haifa, Conference co-Chair)						-
Greetings: <b>Prof. Ron Rubin</b> , President, University of Haifa						<b>10:00</b>
Music by: <b>Liat Zion</b>						
<b>Launching the Multi-University Center for the Study of Spirituality</b> (in progress)						
<b>Break</b>						10:15 - 10:00
<b>Theme 1</b> Spirit in Matter	<b>Theme 2</b> Israel/ Judaism	<b>Theme 3</b> Care and Therapy	<b>Theme 4</b> Spirituality in Education and Institutions	<b>Theme 5</b> Various Spiritual Traditions	<b>Theme 6</b> Consciousness	<b>Parallel Sessions</b>
Auditorium, Library	Jerusalem Wing, Hecht Museum	Senate Room, Eshkol Tower, Level 29	Art Wing, Hecht Museum	Israeli House, Hecht Museum	Ancient Ship, Hecht Museum	
<b>Witchcraft Today</b>	<b>Neo-Hassidism Meets other Traditions</b>	<b>Spirituality in Therapy</b>	<b>Mindfulness in Education and in Organizations</b>	<b>Asian Thought</b> I - Body-Soul in Psychoanalysis II - Esthetics	<b>Consciousness: Theory and Research</b>	<b>10:15</b> - <b>12:15</b>
<b>Lunch Break and SIG (Special Interest Groups):</b> (Hecht Museum garden) such as: between the personal and the professional in spirituality; research on spiritualities in Academia – possibilities and limitations; spirituality and social change; how can one quantify spirituality?; Spirituality, nature and ancient cultures; psychotherapy and spirituality; spiritual music/art						<b>12:15</b> - <b>13:15</b>
<b>Break</b>						13:30 - 13:15
<b>Consciousness-Altering Art</b>	<b>Spirituality, Politics and Nationalism</b>	<b>Byron Katie's IBSR Method: Research and Application</b>	<b>Panel: Spiritual Chaplaincy</b>	<b>Panel: Student-Spiritual Teacher Relations</b>	<b>Meditation: Brain and Physiological Research</b>	<b>13:30</b> - <b>15:00</b>
<b>Break</b>						15:15 - 15:00
<b>Spirituality in Nature</b>		<b>Spiritual Workshops and Healing Methods</b>	<b>Spirituality and Academic Studies</b>	<b>Encountering Spirituality via Different Traditions</b>	<b>Psychedelics and Spirituality</b>	<b>15:15</b> - <b>17:15</b>
<b>Spirituality and Sexuality</b>						
<b>Break and Refreshments</b>						17:30 - 17:15
<b>Evening Plenary Session</b> ( <i>Hecht Auditorium</i> ): <b>Spiritual Perspectives on the Contemporary Challenges of Western and Israeli Societies</b>						<b>17:30</b> - <b>19:00</b>
Chair: <b>Dr. Marianna Ruah-Midbar Shapiro</b> (Zefat Academic College, Conference Co-Chair)						
Speakers: 1. <b>Hila Eshhar</b> (Spiritual Care) 2. <b>Gabriel Meyer Halevy</b> (Sacred Music, Sacred Activism) 3. <b>Mayatree Cohen</b> (Shamanism and Earth Ways) 4. <b>Ohad (Pele) Ezrahi</b> (Sacred Sexuality, Neo-Hassidism)						
Discussion and Q&A						

Round A

Round B

Round C

1

# Program of the 9<sup>th</sup> ICSCS

The Ninth Israeli Conference for the Study of Contemporary Spiritualities

## Parallel Sessions in Detail

### Round A of Parallel Sessions (10:15 – 12:15)

#### *Theme 1: Spirit in Matter*

Session A1 **Witchcraft Today** (Auditorium, Library)

Chair: Prof. Yael Keshet (Western Galilee College)

1. **Forms of Divination in Early Israel** – Dr. Tzachi Cohen (Ono Academic College)
2. **Amulets: Magic and Contemporary Design in Israel** – Ms. Efrat Fridenzon (Bar Ilan University)
3. **Attitudes towards Magic and Witchcraft among Israeli Neopagans** – Dr. Shai Feraro (Max Stern Yezreel Valley College and Zefat Academic College)
4. **Clavicula Salomonis and the Solomon Seal: A Transformation of Ritual Practices** – Mr. Gal Sofer (Ben Gurion University of the Negev)
5. **Attitudes on the Belief in the Supernatural and Witchcraft in the Criminal Law** – Dr. Sharon Warshavsky (Tel Aviv University, Ashkelon Academic College and Sapir Academic College)

#### *Theme 2: Israel/Judaism*

Session A2 **Neo-Hassidism Meets Other Traditions** (Jerusalem Wing, Hecht Museum)

Chair: Dr. Hizky Shoham (Bar Ilan University)

1. **The Musar Movement's Directives for Enhanced Spirituality** – Ms. Esther Solomon (Bar Ilan University)
2. **I Am Though** – Ms. Anha Osimlak Tsy-pin (Tel Aviv University)
3. **Money – Between Materialism and Spirituality: A Study of the Satmar Rebbe's "Money Theory"** – Dr. Menachem Keren-Kratz
4. **Nakedness and Left: Structural links between the Freudian discourse and Rabbi Kook's psychological-spiritual approach** – Mr. Ofir Achimeir (Bar Ilan University)
5. **From "I and Thou" back to "Daniel": Spirituality in Israel today?** – Dr. Alan Flashman (Hebrew University of Jerusalem)
6. **Coaching and Hassidism** – Dr. Ron Wacks (Herzog College)

#### *Theme 3: Care and Therapy*

Session A3 **Spirituality in Therapy** (Senate Room, Eshkol Tower, Level 29)

Chair: Prof. Nurit Yirmiya (Hebrew University of Jerusalem)

1. **"Oh, for a saying such as the things themselves would never have profoundly said": From the Ars Poetica of R. M. Rilke to Potentials in the Psychoanalytic Theory and Practice** – Mr. Guy Perel (University of Haifa)
2. **From Object-Relations to a Relationship with the Divine: Unveiling the Faith Dimension in Psychoanalytic Thinking** – Ms. Einat Feldhay (University of Haifa)
3. **"Look into the Depths within Yourself and Find the Outside World": Psychotherapy as a Modern Path of Spiritual Development** – Ms. Tali Sella (Bar Ilan University)
4. **The 12 Steps Program- A spiritual Way of Life for Recovery from Eating Disorders** – Ms. Orr Shachar Angel
5. **Psychotherapists on a Spiritual Path: The Interplay Between the Personal Spiritual Path and Professional Development** – Ms. Aya Rice (University of Haifa)
6. **What is Anthroposophic-oriented Psychotherapy?** – Ms. Hagar Dror Maliniek

# Program of the 9<sup>th</sup> ICSCS

The Ninth Israeli Conference for the Study of Contemporary Spiritualities

## Theme 4: Spirituality in Education and Institutions

Session A4 **Mindfulness in Education and in Organizations** (Art Wing, Hecht Museum)

Chair: Prof. Shay S. Tzafir (University of Haifa)

1. **Mindfulness in education: An overview** – Dr. Oren Ergas (Beit Berl College) and Dr. Linor L. Hadar (Beit Berl College)
2. **"Sagol school" - A whole school approach to brain, mindfulness and education** – Mr. Amos Avisar (The Interdisciplinary Center Herzliya)
3. **Mindfulness in Action: Effects on Teachers and Students** – Dr. Ricardo Tarrasch (Tel Aviv University)
4. **Contemplative Neuroscience as a tool for personal and professional transformation of teachers** – Dr. Noa Albelda (The Interdisciplinary Center Herzliya)
5. **Mindfulness and Self-Efficacy** – Ms. Naama Katan (University of Haifa)
6. **Mindfulness and Organizations in Israel – Can the two walk hand in hand? A look at a decade of their special bond in Israel** – Ms. Shiri Aviel

## Theme 5: Various Spiritual Traditions

Combined Session A5 **Asian Thought** (Israeli House, Hecht Museum)

Chair – Dr. Esther Peled

### I – A Session Dedicated to Dr. Yorai Sella's Book: *From Dualism to Oneness in Psychoanalysis: a Zen Perspective on the Mind-Body Question*

1. **The Unitary turn in Psychoanalysis** – Dr. Yorai Sella (Tel Aviv University)
2. **Mind-Body-meaning: Dualism & Monism of Body & Mind from an anthropological perspective – thoughts & research findings** – Ms. Tamar Eshel Bialer (University of Haifa)
3. **Mind and Body Between Unity and Nonduality: Examining Dogen's Terminology** – Dr. Eitan Bolokan (Tel Aviv University and the University of Haifa)
4. **Non duality in psychiatric ward – Qi as a bridging concept** – Dr. Alon Reshef (The Technion – Israel Institute of Technology)

### II – **Esthetics and Asian Thought**

1. **The Beauty of the Ugly: Art, Aesthetics and Transformation** – Prof. Daniel Raveh (Tel Aviv University)
2. **Art, Aesthetics and a Glimpse of Spirituality from India's Northeast** – Prof. Bhagat Oinam (Jawaharlal Nehru University, Delhi)

## Theme 6: Consciousness

Session A6 **Consciousness: Theory and Research** (Ancient Ship, Hecht Museum)

Chair: Prof. Oded Maimon (Tel Aviv University)

1. **Definition of the field of consciousness** – Mr. Moshe Klein (University of Tel Aviv)
2. **The Psychoanalysis of Intuition and its Mathematical Description** – Mr. Amnon Pud (University Tel Aviv)
3. **Spirituality in an Information-Laden World** – Dr. Israel Belfer (Bar Ilan University)
4. **Gödel's theorem in consciousness' space** – Dr. Uri Ben-Ya'acov (Kinneret College on the Sea of Galilee)
5. **The Challenge of Firmness: Yoga, Tai Chi, Meditation, and the Connection of Body and Consciousness** – Dr. Daniel Mishori (Tel Aviv University)

# Program of the 9<sup>th</sup> ICSCS

The Ninth Israeli Conference for the Study of Contemporary Spiritualities

## Round B of Parallel Sessions (13:30 – 15:00)

### *Theme 1: Spirit in Matter*

#### Session B1 Consciousness Altering Art (Auditorium, Library)

Chair – Dr. Adam Klin Oron (Van Leer Jerusalem Institute)

1. **Theatralization of life: change of consciousness and new creation** – Dr. Uri Daigin (Zefat Academic College)
2. **Mystical-Cinematic Techniques in the Film “2001: A Space Odyssey”** – Mr. Dan Wasserman (Zefat Academic College)
3. **Cyborgs and Shamans in Fields of Compassion: Networked Filmic and Ritualistic Art** – Dr. Lila Moore (Zefat Academic College and Plymouth University, UK)
4. **The influence of the "Music for Dialogue (MFD)" model on changing consciousness in aspects of dialogue with others** – Dr. Ori Leshman (The Interdisciplinary Center Herzliya and Tel Aviv University)

### *Theme 2: Israel/Judaism*

#### Session B2 Spirituality, Politics and Nationalism (Jerusalem Wing, Hecht Museum)

Chair – Dr. Uriel Simonson (University of Haifa)

1. **'The Spiritual is Political': Spiritual Care as Means for Social Change in Israel** – Ms. Orly Tal (Bar Ilan University)
2. **Counterculture & New Age Movement: New Spiritual Politics?** – Ms. Iris Harpaz Kaye (Hebrew University of Jerusalem)
3. **"A German Group and I'm an Israeli": Discourse of Guilt and Forgiveness after the Holocaust in a Voyage Story to India** – Ms. Carmit Rosen Even-Zohar (University of Haifa)
4. **A Tragic Self-fulfillment? Spirituality in the Cult of Bereavement** – Dr. Hizky Shoham (Bar Ilan University)

### *Theme 3: Care and Therapy*

#### Session B3 Byron Katie's IBSR (Inquiry Based Stress Reduction) Method: Research and Application (Senate Room, Eshkol Tower, Level 29)

Chair: Dr. Shahar Lev-Ari (Tel Aviv Sourasky Medical Center and Tel Aviv University)

1. **Byron Katie's IBSR (Inquiry Based Stress Reduction) Method: Theory, Research and Application in Israel and the World** - Dr. Shahar Lev-Ari (Tel Aviv Sourasky Medical Center and Tel Aviv University)
2. **Inquiry Based Stress Reduction: A Novel Third Wave Approach for Enhancing Well-Being** – Dr. Neomi Apel (Tel Aviv University)
3. **Controlled trial of the Inquiry-Based Stress Reduction (IBSR) meditation technique for teachers' burnout** – Ms. Keren Zafrani (Tel Aviv University)
4. **Randomized controlled clinical trial of Inquiry Based Stress Reduction (IBSR) technique for adults who stutter** – Ms. Omrit Feldman (Tel Aviv University)

# Program of the 9<sup>th</sup> ICSCS

The Ninth Israeli Conference for the Study of Contemporary Spiritualities

## *Theme 4: Spirituality in Education and Institutions*

### Session B4 **Spiritual Chaplaincy – Discussion Panel** (Art Wing, Hecht Museum)

Chair: Dr. Pninit Russo-Netzer (University of Haifa)

1. **Spiritual Care in Cases of Sudden Bereavement** – Mr. Ilan Sharif (The Ministry of Social Affairs and Social Services)
2. **Combining Spiritual Care in Educational Guidance** – Ms. Tami Umansky (Ministry of Education)
3. **The Development of the Profession of Spiritual Care and its Integration in the Medical System** – Rabbi Mike Schultz (Rambam Medical Center)
4. **Research on the Integration of Spiritual Care in Fieldwork** – Dr. Shirli Resnizky (The Myers-JDC-Brookdale Institute)
5. **Spirituality and Spiritual Care in Nursing Professions** – Ms. Naava Zohar Sykes (Joint Israel Ashalim)

## *Theme 5: Various Spiritual Traditions*

### Session B5 **Student - Spiritual Teacher Relations - Panel** (Israeli House, Hecht Museum)

Chair: Dr. Shlomy Mualem (Bar Ilan University)

1. **Research and Inquiry - Engaging with Life Story and Questions through Academic Research** – Mr. Amir Friemann (University of Haifa)
2. **Teacher - follower Relationship in the anthroposophical movement** – Dr. Gilad Goldshmidt (David Yellin College of Education, Tel-Hai Academic College and Oranim Academic College)
3. **Philosophers Mentors and Apprentices: Problems and Possible Solutions** – Prof. Lydia Amir (Beit Berl College)

## *Theme 6: Consciousness*

### Session B6 **Meditative Practices: Brain and Physiological Research** (Ancient Ship, Hecht Museum)

Chair: Prof. Nadav Davidovitch (Ben Gurion University of the Negev)

1. **Time in the Ganzfeld** – Prof. Joseph Glicksohn (Bar Ilan University)
2. **Being here and now: Mindfulness and neuroscience** – Dr. Aviva Berkovich Ohana (University of Haifa)
3. **Neuronal and behavioral effects of the Quadrato Motor Training meditation** – Dr. Tal Dotan Ben-Soussan (Research Institute for Neuroscience, Education and Didactics, Italy)
4. **Mindfulness and the fringes of consciousness** – Dr. Eyal Rosenstreich (Peres Academic Center)

**Round C of Parallel Sessions (15:15 – 17:15)**

*Theme 1: Spirit in Matter*

Session C6

**I Spirituality in Nature** (Auditorium, Library)

Chair: Prof. Nurit Bird-David (University of Haifa)

1. **Nature: Embodiment of the spiritual** – Ms. Lia Naor (University of Haifa)
2. **From the clinics to the wilderness** – Mr. Amit Ben David (University of Haifa)
3. **Desert as an amplifier: Experiences of connection and growth in trips for at-risk youth** – Mr. Ayal Margolin (Hebrew University of Jerusalem)

**II Spirituality and Sexuality** (Auditorium, Library)

Chair – Dr. Hagar Lahav (Sapir Academic College)

1. **Halachic rulings of Nida, as a way to control Feminine sexuality from Foucault to Rabbi Ovadia Yosef** – Hila Nadav-Carmel Esq. (Adam Mickiewicz University)
2. **Immersion: Between body and soul** – Dr. Inbal Cicurel (Ashkelon Academic College) and Dr. Naomi Silman (Ashkelon Academic College)
3. **Changes in the perception of masculinity and sexual practices among men who have undergone spiritual sexual development workshops** – Ms. Michal Maayan Don (Bar Ilan University)

6

*Theme 3: Care and Therapy*

Session C3 **Spiritual Workshops and Healing Methods** (Senate Room, Eshkol Tower, Level 29)

Chair – Prof. Aryeh Lazar (Ariel University)

1. **Spirituality, Emotional Labor and Work Performance** – Ms. Smadar Weinstein (Bar Ilan University) and Dr. Nadav Gabay (Ariel University)
2. **The psychology of the soul: Reframing psychopathology** – Dr. Liora Birnbaum
3. **Self-Compassion groups: Practices and Ethnography** – Ms. Meital Ronen (University of Haifa) and Ms. Yafit Auerbach (University of Haifa)
4. **Enlightenment as a work plan: Project-oriented spirituality among practitioners of Tibetan Buddhism in Munich** – Mr. Yotam Burstein (Tel Aviv University)
5. **Spiritual preparation for birth and its impact on the birth experience** – Ms. Noa Rachel Ben David (Bar Ilan University)



# Program of the 9<sup>th</sup> ICSCS

The Ninth Israeli Conference for the Study of Contemporary Spiritualities

## Theme 4: Spirituality in Education and Institutions

### Session C4 **Spirituality and Academic Studies** (Art Wing, Hecht Museum)

Chair – Prof. Guy Enosh (University of Haifa)

1. **The perception of spirituality and the perception of its connection to education among Arab Israeli college students of education** – Dr. Ety Shachar Siman Tov (The Arab Academic College of Education)
2. **An individual-centered but not self-centered spiritual journey: Reflections on what spirituality means to students studying in a medium-sized college in the Galilee** – Dr. Jonathan Kasler (Tel Hai Academic College)
3. **The Potential Role of a Focusing Invitation in Social Work Education** – Dr. Ofra Walter (Tel Hai Academic College)
4. **Gates to contemplative pedagogy** – Dr. Sofi Barzilay (Oranim Academic College) and Dr. Galit Kliger (Oranim Academic College)

## Theme 5: Various Spiritual Traditions

### Session C5 **Encountering Spirituality via Different Traditions** (Israeli House, Hecht Museum)

Chair – Prof. Hanan Alexander (University of Haifa)

1. **Romanticism and Mysticism in Education** – Dr. Yotam Hotan (University of Haifa)
2. **Cosmopolitan Education and the Need for a New Trans-religious Imaginary: A Muslim perspective** – Dr. Ayman Agbaria (University of Haifa)
3. **"Avant-garde to the Salvation of the World" – The People and State of Israel in the Kabbalistic Teachings of Rabbi Y.L. Ashlag** – Dr. Eli Vinokur (Gordon College of Education)
4. **Trauma annihilates meaning and giving birth to a new one - Reflection upon Indian Myths** – Ms. Noa Schwartz Feuerstein (Hebrew University of Jerusalem)
5. **The Adoption of Vipassana Meditation by Orthodox Israeli Jews** – Mr. Ori Mautner (University of Cambridge, UK)

## Theme 6: Consciousness

### Session C6 **Psychedelics and Spirituality** (Ancient Ship, Hecht Museum)

Chair - Dr. Uri Shwed (Ben Gurion University of the Negev)

1. **A Middle Eastern entheogen: A history of psychoactive substances in religious-ritualistic use in the Middle East** – Mr. Daniel Plotkin (Zefat Academic College)
2. **Psychedelics: A journey to the inner sanctum** – Mr. Yair Golov
3. **The phenomenology of religious and psychedelic experience** – Mr. Asaf Be'er
4. **Hakomi and MDMA Assisted Psychotherapy for PTSD Research** – Dr. Keren Tzarfaty
5. **A safety net for consciousness explorers** – Mr. Igal Tartakovsky

## **Conference Chairs**

Prof. Ofra Maysel (University of Haifa)

Dr. Marianna Ruah-Midbar Shapiro (Zefat Academic College)

## **Academic Advisory Board**

Prof. Hanan Alexander (University of Haifa)

Prof. Nadav Davidovitch (Ben Gurion University of the Negev)

Prof. Nurit Yirmiya (Hebrew University of Jerusalem)

Dr. Hagar Lahav (Sapir Academic College)

Prof. Oded Maimon (Tel Aviv University)

Prof. Yael Keshet (Western Galilee College)

Dr. Hizky Shoham (Bar Ilan University)